

# 4 Mallet Floor Party!

play all exercises in all intervals. repeat each exercise for 2-4 minutes each!

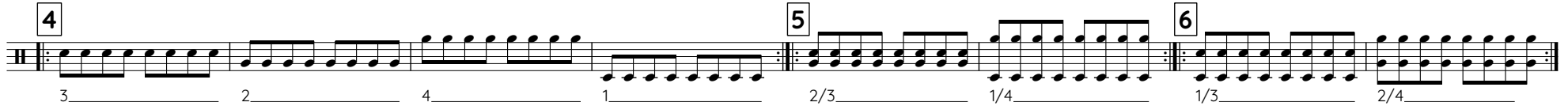
## Double Verticals

1 2 3



## Single Independent

4 5 6



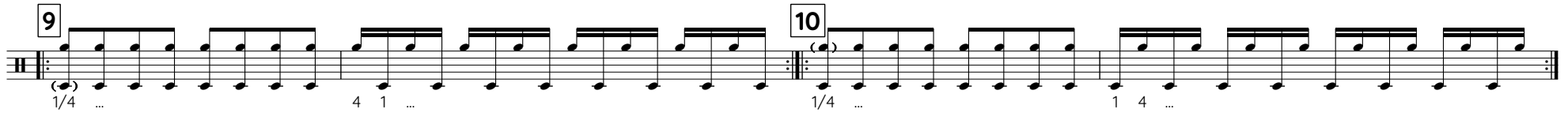
3 2 4 1 2/3 1/4 1/3 2/4

7 8



2/3 3 2 ... 2/3 2 3 ...

9 10



1/4 ... 4 1 ... 1/4 ... 1 4 ...

## Single Alternating

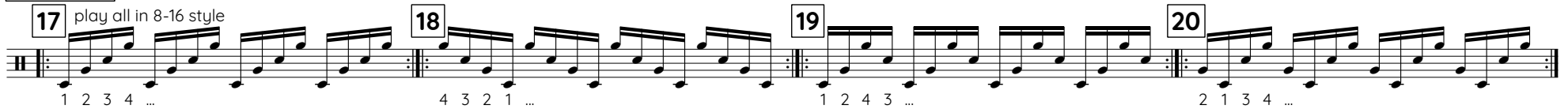
11 12 13 14 15 16



1/3 2/4 1/4 2/3 1 3 2 4 ... 1 4 2 3 ... 4 2 3 1 ... 4 1 3 2 ...

## Double Lateral

17 18 19 20



1 2 3 4 ... 4 3 2 1 ... 1 2 4 3 ... 2 1 3 4 ...

21 "16th Broccoli" (play in a 4-2-1 grid)



1 2 3 4 ... 2 3 4 1 ... 3 4 1 2 ... 4 1 2 3 ...



4 3 2 1 ... 3 2 1 4 ... 2 1 4 3 ... 1 4 3 2 ...

## Triple Lateral

## Sequential Sixes

28 "up" 29 "down" 30 "LH pu-duh-duh up" 31 "LH puh-duh-duh down"

1 2 3 2 3 4 ... 4 3 2 3 2 1 ... 1 3 4 2 3 4 ... 1 4 3 2 4 3 ...

32 "RH puh-duh-duh down" 33 "RH puh-duh-duh down" 34 "LH puh-duh-duh alternating" 35 "RH puh-duh-duh alternating"

4 2 1 3 2 1 ... 4 1 2 3 1 2 ... 1 3 4 2 4 3 ... 4 2 1 3 1 2 ...

## 2:3 Polyrhythms

The musical score for 'The Rose Tree' is presented in a single system with four measures, numbered 36 through 39. The key signature is one flat (B-flat), and the time signature is 3/4. The melody is written on a single staff. Measure 36 contains four eighth notes: B-flat, D, E, and F, each beamed with a triplet '3'. Measure 37 contains four eighth notes: G, A, B-flat, and C, each beamed with a triplet '3'. Measure 38 contains four eighth notes: D, E, F, and G, each beamed with a triplet '3'. Measure 39 contains four eighth notes: A, B-flat, C, and D, each beamed with a triplet '3'. The piece concludes with a double bar line and repeat dots.

### Floor Interval Exercises

40 "leaps" 41 "2nd to 5th" 42 "5th to 8th" 43 "whole scale"

RH/LH RH/LH RH/LH

**44** "split scale"

1 2 1 2 1 2 ...  
3 4 3 4 3 4 ...

### 16th Note Timing Independence

45 (play in a 4-2-1 grid)

12 measures of music, primarily eighth and sixteenth notes, with rests. The piece concludes with a double bar line and repeat dots.

46 (play in a 4-2-1 grid)

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